Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services

Ave Med Embrace Small Group Flex S020-SG25

Coverage for: Individual or Individual + Family | **Plan Type:** POS

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-376-6651 or visit <u>www.avmed.org</u> and sign into the Member Portal. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary</u> or call 1-800-376-6651 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	In-Network: \$0 Individual / \$0 Family Out-of-Network: \$4,000 Individual / \$8,000 Family	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. This plan has no In-Network <u>deductible</u> except for Pediatric Dental.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	Yes. \$60 per child for Pediatric Dental. Doesn't apply to the overall deductible. There are no other specific deductibles.	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these <u>services</u> .
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	In-Network: \$8,400 Individual / \$16,800 Family Out-of-Network: \$25,200 Individual / \$50,400 Family Pediatric Dental is limited to \$425 per child or \$850 for 2 or more children.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limit</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, prescription drug brand additional charges and manufacturer assistance, balance billing charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-</u> pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.avmed.org</u> or call 1-800-376-6651 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider</u> <u>network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common			u Will Pay	Limitations, Exceptions, & Other Important Information	
Medical Event	Services You May Need	In-Network (You will pay the least)	Out-of-Network (You will pay the most)		
If you visit a health care <u>provider's</u> office or clinic	Primary Care visit to treat an injury or illness	\$40 <u>copay</u> / visit	50% <u>coinsurance</u> after deductible	Additional charges may apply for non- preventive services performed in the Physician's office.	
	<u>Specialist</u> visit	\$80 <u>copay</u> / visit 50% <u>coinsurance</u> after <u>deductible</u>		Additional charges may apply for non- preventive services performed in the Physician's office.	
	Preventive care/screening/immunization	No Charge	50% <u>coinsurance</u> after <u>deductible</u>	You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for.	
lf you have a test	<u>Diagnostic test</u> (x-ray, blood work)	Independent facility: \$150 <u>copay</u> / visit; Hospital-affiliated facility: \$300 <u>copay</u> / visit	Independent facility: 50% <u>coinsurance</u> after <u>deductible</u> ; Hospital-affiliated facility: 50% <u>coinsurance</u> after <u>deductible</u>	Charges for office visits may apply if services are performed in a Physician's office. Charges for certain other labs and Specialty labs will be higher.	
	Imaging (CT/PET scans, MRIs)	Independent facility: \$750 <u>copay</u> / visit; Hospital-affiliated facility: \$1,500 <u>copay</u> / visit	Independent facility: 50% <u>coinsurance</u> after <u>deductible</u> ; Hospital-affiliated facility: 50% <u>coinsurance</u> after <u>deductible</u>	Charges for office visits or Physician/professional services may also apply depending on where services are received.	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at <u>www.avmed.org</u>	Value generic drugs (Tier 1)	30-day supply: \$25 <u>copay</u> / prescription; 90-day supply: \$62.50 <u>copay</u> / prescription	Not Covered	Certain preventive medications (includi certain contraceptives) are covered at I Charge.	
	Generic drugs (Tier 2)	30-day supply: \$45 <u>copay</u> / prescription; 90-day supply: \$112.50 <u>copay</u> / prescription	Not Covered	Certain limits may apply, including, for example: prior authorization, step therapy, quantity limits.	
	Preferred brand drugs (Tier 3)	30-day supply: \$115 <u>copay</u> / prescription; 90-day supply: \$287.50 <u>copay</u> / prescription	Not Covered	Covered drugs in Tiers 1-4 are available up to a 90-day supply at retail pharmacies; and a 60-90-day supply via mail order.	
	Non-Preferred brand drugs (Tier 4)	30-day supply: 50% <u>coinsurance;</u> 90-day supply: 50% <u>coinsurance</u>	Not Covered	Drugs in Tier 5 are available up to a 30- day supply, at retail pharmacies only. Brand additional charges may apply.	

Common			u Will Pay	Limitations, Exceptions, & Other Important Information	
Medical Event	Services You May Need	In-Network (You will pay the least)	Out-of-Network (You will pay the most)		
	<u>Specialty drugs</u> (Tier 5)	50% <u>coinsurance</u> (Retail only)	Not Covered	Coupons or any other third-party prescription drug cost-sharing assistance will not apply toward any calendar year deductible or out-of-pocket limit.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	Independent facility: \$1,500 <u>copay</u> / visit; Hospital-affiliated facility: \$3,000 <u>copay</u> / visit	Independent facility: 50% <u>coinsurance</u> after <u>deductible;</u> Hospital-affiliated facility: 50% <u>coinsurance</u> after <u>deductible</u>	Prior authorization required.	
	Physician/surgeon fees	\$60 <u>copay</u> / provider	50% <u>coinsurance</u> after <u>deductible</u>	Prior authorization required.	
If you need immediate medical attention	Emergency room care	\$1,000 <u>copay</u> / visit	\$1,000 <u>copay</u> / visit	AvMed must be notified within 24-hours of inpatient admission following emergency services, or as soon as reasonably possible. Charges are waived if admitted.	
	Emergency medical transportation	Ground: \$150 <u>copay</u> / one way ground transport; Air/Water: 50% <u>coinsurance</u>	Ground: \$150 <u>copay</u> / one way ground transport; Air/Water: 50% <u>coinsurance</u>	None	
	<u>Urgent care</u>	Independent urgent care facility: \$125 <u>copay</u> / visit; Hospital-affiliated urgent care facility: \$250 <u>copay</u> / visit; Retail clinic: \$50 <u>copay</u> / visit	Independent urgent care facility: \$125 <u>copay</u> / visit; Hospital-affiliated urgent care facility: 50% <u>coinsurance;</u> Retail clinic: \$50 <u>copay</u> / visit after <u>deductible</u>	e None	
	Facility fee (e.g., hospital room)	\$2,000 <u>copay</u> / admission	50% <u>coinsurance</u> after deductible	Prior authorization required.	
If you have a hospital stay	Physician/surgeon fees	No Charge	50% <u>coinsurance</u> after <u>deductible</u>	Prior authorization required.	
If you need mental health,	Outpatient services	\$40 <u>copay</u> / visit	50% <u>coinsurance</u> after deductible	Prior authorization may be required.	
behavioral health, or substance abuse services	Inpatient services	\$2,000 <u>copay</u> / admission	50% <u>coinsurance</u> after <u>deductible</u>	Prior authorization may be required.	

Common			u Will Pay	Limitations, Exceptions, & Other	
Medical Event	Services You May Need	In-Network Out-of-Network (You will pay the least) (You will pay the most)		Important Information	
lf you are pregnant	Office visits	Routine OB or midwife: Visit 1 - 1: \$40 <u>copay</u> / visit; Visit 2 and after: No Charge	Routine OB or midwife: 50% <u>coinsurance</u> after <u>deductible</u>	None	
	Childbirth/delivery professional services	No Charge 50% <u>coinsurance</u> after <u>deductible</u>		Maternity care may include tests and services described elsewhere in the SBC (e.g., ultrasound).	
	Childbirth/delivery facility services	Hospital: \$2,000 <u>copay</u> / admission; Birthing center: Same as routine OB		Prior authorization required.	
	Home health care	\$80 <u>copay</u> / visit	50% <u>coinsurance</u> after <u>deductible</u>	Limited to 20 skilled visits per calendar year. Approved treatment plan required.	
If you need help recovering or have other special health needs	Rehabilitation services	Independent facility: \$80 <u>copay</u> / visit; Hospital-affiliated facility: \$80 <u>copay</u> / visit; Chiropractic services: \$40 <u>copay</u> / visit	Independent facility: 50% <u>coinsurance</u> after <u>deductible</u> ; Hospital-affiliated facility: 50% <u>coinsurance</u> after <u>deductible</u> ; Chiropractic services: 50% <u>coinsurance</u> after <u>deductible</u>	Limited to 35 visits per calendar year for outpatient rehabilitative PT, OT, ST, cardiac rehab, pulmonary rehab, and chiropractic services combined. Cardiac and pulmonary rehab require prior authorization.	
	Habilitation services	Independent facility: \$80 <u>copay</u> / visit; Hospital-affiliated facility: \$80 <u>copay</u> / visit	Independent facility: 50% <u>coinsurance</u> after <u>deductible</u> ; Hospital-affiliated facility: 50% <u>coinsurance</u> after <u>deductible</u>	Limited to 35 visits per calendar year for outpatient habilitative PT, OT and ST combined.	
	Skilled nursing care	\$250 <u>copay</u> / admission	50% <u>coinsurance</u> after deductible	Limited to 60 days post-hospitalization care per calendar year. Prior authorization required.	
	Durable medical equipment	\$100 <u>copay</u> / episode of illness	50% <u>coinsurance</u> after <u>deductible</u>	Excludes vehicle modifications, home modifications, exercise equipment, and bathroom equipment.	
	Hospice services	No Charge	50% <u>coinsurance</u> after deductible	Physician certification required.	
If your child needs dental or	Children's eye exam	No Charge	50% <u>coinsurance</u> after <u>deductible</u>	Limited to one exam per calendar year to determine the need for sight correction.	
eye care	Children's glasses	No Charge	50% <u>coinsurance</u> after <u>deductible</u>	Limited to one pair per calendar year from a pre-selected group of frames.	

Common			u Will Pay	Limitations, Exceptions, & Other Important Information	
Medical Event	Services You May Need	In-Network (You will pay the least)	Out-of-Network (You will pay the most)		
	Children's dental check-up	No charge for preventive care at Delta Dental Network providers	Preventive care may be subject to cost sharing if billed charges exceed allowed amount	Limited to one exam every 6 months. See the dental portion of your AvMed Contract for coverage details.	
xcluded Services & Other	Covered Services:	·	·	·	
Services Your <u>Plan</u> General	Ily Does NOT Cover (Check you	ur policy or <u>plan</u> document fo	or more information and a lis	t of any other <u>excluded services</u> .)	
 Acupuncture Bariatric Surgery Cosmetic Surgery Dental Care (Adult) Hearing Aids Infertility Treatment Long-term Care Non-Emergency Care When Traveling Outside the U.S. Private-Duty Nursing Routine Eye Care (Adult) Routine Foot Care Weight Loss Programs 					
Other Covered Services (Li	mitations may apply to these s	ervices. This isn't a complete	e list. Please see your <u>plan</u> d	ocument.)	
 Child Dental Check Up 		d Glasses	 Chiropract 		
dministration, at 1-866-444-3 ww.cciio.cms.gov. Other coverence fore information about the Ma our Grievance and Appeals	272 or <u>www.dol.gov/ebsa/healthr</u> erage options may be available to arketplace, visit <u>www.HealthCare.</u> Rights: There are agencies tha	<u>eform</u> , or the U.S. Department o you too, including buying indiv <u>gov</u> or call 1-800-318-2596. t can help if you have a compla	of Health and Human Services vidual insurance coverage thro	he contact information for those agencie Employee Benefits Security at 1-877-267-2323 x61565 or ugh the Health Insurance <u>Marketplace</u> . I al of a <u>claim</u> . This complaint is called a cal <u>claim</u> . Your <u>plan</u> documents also ut your rights, this notice, or assistance,	
ontact AvMed's Member ⊢nga	agement Center at 1-800-3/6-66	51 For plans subject to ERISA	vou may also contact the U S	ut your rights, this notice, or assistance, . Department of Labor's Employee program can help you file your <u>appeal</u> . <u>onsumers.</u>	
oes this plan provide Minin linimum Essential Coverage (HIP, TRICARE, and certain c oes this plan meet the Mini	num Essential Coverage? Yes generally includes <u>plans</u> , <u>health in</u> other coverage. If you are eligible imum Value Standards? Yes	<u>nsurance</u> available through the for certain types of <u>Minimum E</u>	Marketplace or other individua ssential Coverage, you may no	I market policies, Medicare, Medicaid, ot be eligible for the <u>premium tax credit</u> .	
anguage Access Services:	<u>/linimum Value Standards</u> , you m pañol. llame al 1-800-376-6651.	ay be eligible for a <u>premium tax</u>	<u>c credit</u> to help you pay for a <u>pla</u>	an through the <u>Marketplace</u> .	

Para obtener asistencia en Español, llame al 1-800-376-6651.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a B (9 months of in-network pre-natal ca delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>copayment</u> Other <u>copayment</u> 	\$0 \$80 \$2,000 \$40	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>copayment</u> Other <u>copayment</u> 	\$0 \$80 \$2,000 \$40	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>copayment</u> Other <u>copayment</u> 	\$0 \$80 \$2,000 \$40
This EXAMPLE event includes services like: Specialist office visits (<i>prenatal care</i>) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (<i>ultrasounds and blood work</i>) Specialist visit (<i>anesthesia</i>)		This EXAMPLE event includes services like: Primary care physician office visits (<i>including disease education</i>) Diagnostic tests (<i>blood work</i>) Prescription drugs Durable medical equipment (<i>glucose meter</i>)		This EXAMPLE event includes services like: Emergency room care <i>(including medical supplies)</i> Diagnostic test <i>(x-ray)</i> Durable medical equipment <i>(crutches)</i> Rehabilitation services <i>(physical therapy)</i>	
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$0	Deductibles	\$0	Deductibles	\$0
Copayments	\$2,500	Copayments	\$2,700	Copayments	\$1,700
Coinsurance	\$0	Coinsurance	\$0	Coinsurance	\$0
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$20	Limits or exclusions	\$0
The total Peg would pay is	\$2,560	The total Joe would pay is	\$2,720	The total Mia would pay is	\$1,700

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.